



Chinese American Diabetes Association
北美华人糖尿病学会

Date

June 2-5, 2026

Location

Hyatt Centric French Quarter
New Orleans, LA USA



Meetings by the Numbers

3

Days

17

Sessions

2

Keynote Lectures

11

Sponsors

29

Awardees

>130

Attendees

1

Family

Dear CADA Members, Colleagues, and Friends,

It is both an honor and a privilege to serve as the President of the Chinese American Diabetes Association (CADA). At our 17th Annual Meeting, I was humbled to be entrusted with this role by our membership, and I am deeply grateful for the confidence you have placed in me and in our newly elected Board. Building on the strong foundation laid by my predecessors, I look forward to working alongside the Board to carry CADA mission forward with renewed energy and purpose.



Message from
Dr. Hai-Bin Ruan
President of CADA

2026–2027 Board Members

Hai-Bin Ruan (President), **Zhiping Pang** (President-Elect), **Yanlin He** (Treasurer), **Jingjing Zhang** (Program), **Yan Li** (Secretary), **Yu An** (Membership & Career Development), and **Pingwen Xu** (Communication & Industry Relations).

Our vision for CADA over the coming year is to strengthen our identity as the premier professional society bridging diabetes science and the Chinese American community, while expanding our reach and impact on the national and international stage. Our mission remains clear: to promote excellence in metabolism research and diabetes care, to cultivate the next generation of leaders in our field, and to advocate for equal opportunities, scientific communication, and global dialogues. To fulfill this mission, the Board and I have identified the following strategic priorities for the year ahead.

Strategic Priorities

- **Updating the CADA Bylaws**

A well-governed organization is a resilient one. We will undertake a thorough review and modernization of CADA's bylaws to ensure they reflect our current size, scope, and strategic ambitions. This process will be transparent and inclusive, with input solicited from the membership before any changes are ratified.

- **Revisiting Terms for Board Election and Leadership**

To ensure continuity of leadership while creating opportunities for fresh perspectives, we will revisit the terms of Board election and refine the structure of Board leadership. Our goal is to strike the right balance between institutional memory and the infusion of new talent from across our membership.

- **Refining CADA Award Criteria**

Our awards are among the most meaningful ways we recognize excellence and dedication within our community. Built upon last year's implementations, we will continue to carefully review the existing award criteria to ensure they are rigorous, equitable, and aligned with CADA's evolving priorities. Clear and transparent standards will enable us to celebrate our members' achievements with the credibility they deserve.

- **Promoting Members**

CADA has many talented members whose contributions deserve wider recognition. We are committed to actively nominating and supporting our members for prestigious national and international awards, as well as advocating for their inclusion as speakers and panelists at major diabetes conferences. Elevating our members' profiles is an investment in the entire CADA community.

- **Preparing for CADA flagship events.**

Planning for our 18th Annual Meeting in Washington, D.C. is already underway. We aim to make this our most impactful Annual Meeting to date, and we welcome your ideas, session nominations, and offers to help. Meanwhile, we are also preparing for 2026-2027 MetabTalks, Winter Retreat, and Nexus Forums (which will feature discussions and dialogues on hot topics such as international collaborations and funding policies).

A Call to Engagement

None of these goals can be achieved by the Board alone. CADA is strongest when its members are engaged, and I invite each of you to get involved—whether by volunteering for a committee, nominating a colleague for an award, submitting an abstract, or simply sharing our mission with your networks. Together, we can make meaningful strides for diabetes research and for our community.

I am deeply grateful to the past president Dr. Qiong Wang for her service, to our sponsors and supporters for their generosity, and above all to you, our members, for making CADA what it is today. I look forward to serving alongside you in the year ahead.

CADA, GO! GO! GO!

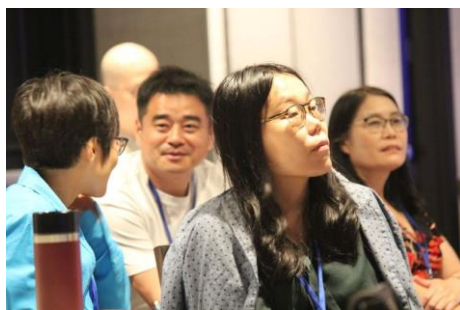
With warm regards and great optimism,

Hai-Bin Ruan, PhD
Associate Professor,
University of Minnesota
CADA President 2026-2027

Evening, Jun 2

The 2026 CADA Annual Meeting began with check-in and registration from 2:00 to 8:00 p.m. at the Hyatt Centric French Quarter. The scientific program opened at 4:00 p.m. with sessions on **AI and Technology in Diabetes Research** and **Hot Topics in Metabolism**.

The meeting was launched with a featured presentation by **Dr. Xue Sherry Gao** (Upenn), who delivered an inspiring talk on CRISPR engineering and precision therapy. Her presentation set an exciting scientific tone for the meeting. The sessions also featured presentations by Dr. Jianli Zhao (UAB), Dr. Xiao Wang (Upenn), and Dr. Shuhua Gao (Tulane), along with trainee talks that showcased the next generation of diabetes researchers.



Welcome Reception

Following the scientific sessions, attendees gathered for a warm and lively Welcome Reception. Participants reconnected with colleagues, met new collaborators, and enjoyed refreshments in an engaging and collegial atmosphere. The reception fostered camaraderie among attendees and set an enthusiastic tone for the days ahead.



Morning, Jun 3

The meeting officially opened with a welcome address by **CADA President Dr. Qiong Annabel Wang**. She shared her enthusiasm for the year ahead.

The morning program then continued with presentations by the 2026 CADA awardees. **Dr. Mindian Li** (Southwest Hospital, China) delivered the **Young Investigator Award** presentation, and **Dr. Li Qiang** (Peking University, China) delivered the **Excellence in Research Award** presentation.



Islet Biology, Diabetes, and Sponsor Talks

The morning session continued with sponsor presentations from Innogen Pharmaceuticals, GenuIN Biotech, GemPharmatech, and MedChemExpress.

This was followed by the Islet Biology and Diabetes session, featuring a Featured Talk by **Dr. Shuibing Chen** (Weill Cornell Medical College). The session also included talks by Dr. Yinfeng Deng (City of Hope), Dr. Dongmin Liu (Virginia Tech), Dr. Hongjun Wang (University of South Carolina), Dr. Julia Wang (FSU), and Dr. Zhuoxian Meng (Zhejiang University).



Afternoon, Jun 3

Hepatic Lipid Metabolism

The session featured the presentation by **Dr. Jiandie Lin** (Umich) on cellular heterogeneity and reprogramming of the liver microenvironment in MASH. The session also included talks by Dr. Jia Li (Shanghai Institute of Materia Medical), Dr. Shunxing Rong (UTSW), Dr. Bo Wang (UIUC), and Dr. Yu Li (Shanghai Institute of Nutrition and Health), along with trainee presentations.

Academy of Cardiovascular Research Excellence.

The featured presentation was delivered by **Dr. Hong Chen** from Harvard, who spoke on how endothelial FOXO1–IGF2 signaling rewires β -cell fate. The session also included presentations by Dr. Eugene Chen (Umich), Dr. Ling Yang (U Iowa), Dr. Yang Kevin Xiang (UCLA), and Dr. Hongmei Yan (Fudan University), as well as trainee talks.

Inflammation and GI Metabolism

The session featured a presentation by **Dr. Feng Liu** (Second Xiangya Hospital), who spoke on mitochondria and metabolic disease.

The session also included presentations by Dr. Meilian Liu (New Mexico), Dr. Bishuang Cai (UCLA), and Dr. Hongxue Shi (LSU), along with trainee talks.



Group Picture, Dinner, and Award Ceremony

Group pictures were taken to commemorate the reunion and celebrate the CADA community. The evening program at Restaurant Red Fish Grill, recognized the 2026 CADA awardees, including **Dr. Mindian Li** from Southwest Hospital for the **Young Investigator Award**, **Dr. Li Qiang** from Peking University for the **Excellence in Research Award**, and **Dr. Qingchun Tong** from UTHealth Houston for the **Achievement Award**. The evening concluded in a festive atmosphere, with applause, laughter, and warm conversations among attendees.



2026 CADA Achievement Award

CADA was honored to recognize Dr. Qingchun Tong with the 2026 Achievement Award for his outstanding scientific contributions, mentorship, leadership, and service to the diabetes and metabolism research community. Dr. Tong is a tenured Professor at the Institute of Molecular Medicine, McGovern Medical School, UTHealth Houston, where he holds the Cullen Chair in Molecular Medicine and the Hans J. Muller-Eberhard MD PhD & Irma Gigli MD Distinguished Chair in Immunology.

Dr. Tong is internationally recognized for his pioneering work on the neural control of feeding, body weight regulation, energy metabolism, leptin action, and obesity. His research has helped define how hypothalamic and brain circuit mechanisms regulate metabolism and has challenged long-standing models in the melanocortin and AgRP neuron fields. His work has had broad impact on our understanding of obesity, diabetes, and metabolic disease.

His representative high-impact publications include studies in *Cell Metabolism*, *Nature Neuroscience*, *Cell*, *Nature Communications*, *Nature Metabolism*, *Cell Reports*, *Neuron*, and *Nature Metabolism*. These include his work on hypothalamic glutamate release and hypoglycemia defense, GABA release from AgRP neurons, Rip-Cre neurons and energy expenditure, emotional control of feeding, melanocortin pathway function, AgRP neuron biology, and basal forebrain circuits regulating feeding behavior.

In addition to his scientific impact, Dr. Tong has been an exceptional mentor. His trainees have received NIH F awards, society awards, and institutional honors, and several have gone on to establish independent research careers in the United States, China, and Korea. He has also served on many dissertation and examination committees and has contributed broadly to graduate education and trainee development.

Dr. Tong has provided important leadership within CADA and the broader scientific community. He served on the CADA Board and as CADA President, helping strengthen the society's governance, scientific communication, training activities, and national visibility. Through his scholarship, mentorship, and dedicated service, Dr. Tong exemplifies the spirit of the CADA Achievement Award and continues to inspire both established and emerging investigators in diabetes and metabolism research.

Dr. Qingchun Tong

University of Texas Health
Science Center



2026 Excellence in Research Award

Dr. Li Qiang is Professor and Chair of the Department of Pharmacology at Peking University School of Basic Medical Sciences and Director of the Peking University Aging Research Center.

Dr. Qiang is internationally recognized for his innovative work connecting metabolic disease and aging. His research has defined key mechanisms of adipose tissue remodeling, PPAR γ regulation, obesity-associated inflammation, and metabolic decline. His recent work identified IgG as an aging factor that drives adipose tissue fibrosis and metabolic dysfunction, revealing shared mechanisms between obesity and aging.

His representative high-impact publications include studies in *Cell*, *JCI*, *Journal of Hepatology*, *ACS Nano*, *Nature Nanotechnology*, and *Cell Metabolism*. Key examples include his work on PPAR γ deacetylation and adipose remodeling, microneedle-based fat browning, visceral fat-targeting nanomedicine, and IgG-mediated metabolic aging.

Beyond his scientific achievements, Dr. Qiang has been an active mentor and long-standing contributor to CADA. He served on the CADA Board from 2020 to 2024 and helped lead membership and career development efforts to support young investigators. Through his research, mentorship, and service, Dr. Qiang exemplifies the spirit of the CADA Excellence in Research Award.

Dr. Li Qiang

Peking University



Dr. Min-Dian Li

Southwest Hospital



2026 Young Investigator Award

Dr. Min-Dian Li is Principal Investigator and Deputy Head of the Department of Cardiovascular Medicine and Assistant Director of the MOE Key Laboratory of Cardiovascular and Cerebrovascular Disease at Southwest Hospital.

Dr. Li's research has revealed how meal timing and circadian rhythms regulate liver function, adipose tissue signaling, exercise capacity, and systemic metabolism. His representative publications include studies in *Nature Metabolism*, *Nature Communications*, *Trends in Molecular Medicine*, *Neuron*, and *Cell Metabolism*, including work on daytime-restricted feeding, rhythmic liver function, and fat–muscle crosstalk in exercise metabolism.

Dr. Li has also demonstrated strong leadership and independence through major competitive funding, including national grants supporting his work on circadian metabolism and chronic metabolic disease. In addition, he has been an active member of CADA since 2020 and previously received CADA recognition as a graduate student and rising-star fellow. Through his innovative research, productivity, and service, Dr. Li exemplifies the promise and impact recognized by the CADA Young Investigator Award.

Morning, Jun 4

The keynote lecture was delivered by **Dr. Frank Mauvais-Jarvis** from Tulane University, who spoke on “Estrogens and Testosterone: Powerful Anti-Diabetic Hormones in Females and Males.” His presentation highlighted the important roles of sex hormones in diabetes pathophysiology and treatment.

Epidemiology and Clinical Therapeutics

Dr. Zhenqi Liu (University of Virginia) and Dr. Qin Yang (UCI) summarized progress and gap in the clinical use of GLP-1 receptor agonists. The session also included a presentation by Dr. Gang Hu (Pennington Biomedical Research Center).



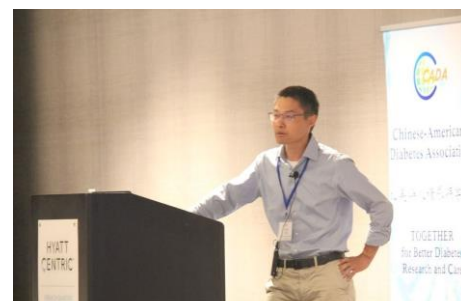
Adipose Tissue Biology

The session featured a presentation by Dr. Yu-Hua Tseng (Joslin Diabetes Center), who spoke on deciphering human cervical adipose tissue at the single-cell level. The session also included presentations by Dr. Qingzhang Zhu (U of Kentucky), Dr. Hannah Hui (The Chinese University of Hong Kong), and Dr. Yizhi Sun (U of Arkansas), along with trainee talks.

Cellular and Integrative Metabolism

Dr. Ling Qi (UVA) gave a featured talk on ER-associated metabolic research and also shared career development advice for junior scientists.

The session also included talks by Dr. Zhouqi Zhou (UCLA) and Dr. Yanming Chen (Sun Yat-sen University), along with trainee presentations.



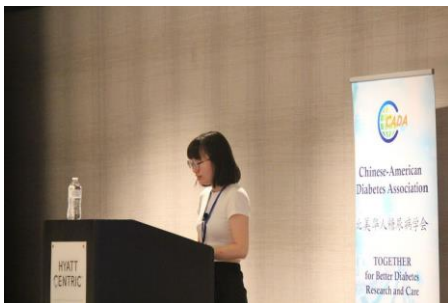
Afternoon, Jun 4

Brain-Body Axis

Dr. Janathan Long from Stanford university present featured talk on the predator studies that related to human metabolism. Speakers include Drs. Qiancheng Zhao (Baylor), Jianping Ye (Zhengzhou University), Li Li (university of Wyoming), Hesong Liu (Upstate Medical University) and trainees' talk.

Liver Health and Disease

Dr. Xiaoyong Yang from Yale University delivered the featured talk on novel paracrine signaling in liver disease. Speakers also include Drs. Mengwei Zang (U of Texas Health San Antonio), Jingya Li (Shanghai Institute of Materia Media), Sheng Wu (Temple U), and Xiaoxue Sheryl Qiu (U Minnesota) and trainees' talk.



Morning, Jun 5

Keynote Lecture was delivered by **Dr. Xiaoying Li** from Zhongshan Hospital, Fudan University. His presentation, titled "MASLD: A Master Driver of Type 2 Diabetes," highlighted the close clinical relationship between metabolic dysfunction-associated steatotic liver disease and type 2 diabetes. Dr. Li shared important clinical insights into how liver disease contributes to diabetes development and progression.

Achievement Award Presentation was delivered by **Dr. Qingchun Tong** from The University of Texas Health Science Center. Dr. Tong presented his work on diet-induced obesity and leptin resistance, highlighting mechanisms that contribute to metabolic dysfunction and obesity-related diabetes.



Board Election and Closing Remarks

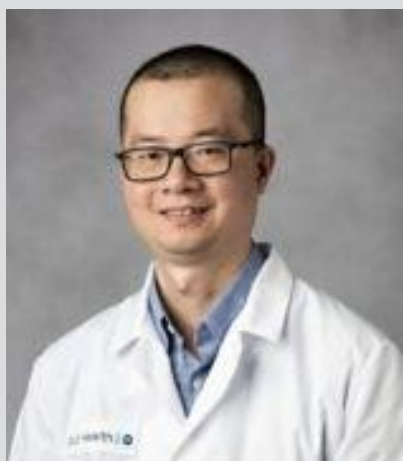
Before the meeting adjourned, the CADA Board, together with the Communication Committee, Program Committee, and Professional Development Committee, summarized the events and activities organized over the past year and shared plans for the year ahead. CADA Treasurer **Dr. Yanlin He** also presented the annual financial report.

The results of the Board election were announced. **Dr. Pingwen Xu** from the University of Illinois was elected as a new Board Member from two competing candidates. **Dr. Zhiping Pang** from Rutgers University was elected as the CADA President-Elect.

The incoming CADA President, **Dr. Haibin Ruan** from the University of Minnesota, concluded the meeting by expressing deep gratitude to Dr. Qiong Annabel Wang from City of Hope for her long-term service and leadership to CADA. A gift was presented to Dr. Wang in recognition of her dedication and contributions to the society.

We sincerely thank all participants, speakers, trainees, organizers, volunteers, and sponsors for making the 17th CADA Annual Meeting a great success.

Dr. Pingwen Xu
New Board Member



I am truly honored to be elected as a board member of CADA. CADA has been part of my scientific home since I was a postdoc in 2016. Through every stage, postdoc, transitioning, becoming an independent investigator, and navigating the tenure process, this community has stood beside me with steady guidance, practical support, and genuine kindness. I wouldn't be where I am today without CADA.

Stepping into this role, I feel a deep sense of gratitude and responsibility. I want to give back the same encouragement and sense of belonging that I have received, especially to our trainees and early-career researchers who are facing an especially difficult and uncertain time. I hope to help make CADA a place where we can set aside outside noise, return to what brings us together, and focus on science.

With the guidance of our current leadership and the legacy of those who came before us, I'm confident I can help strengthen CADA as a welcoming space for rigorous scientific exchange, long-term collaboration, and friendships that last well beyond any single meeting or milestone.

Trainee Presentation Awards

First place

Shuke Xiao (Stanford University)
Xinxin Chen (University of Virginia)



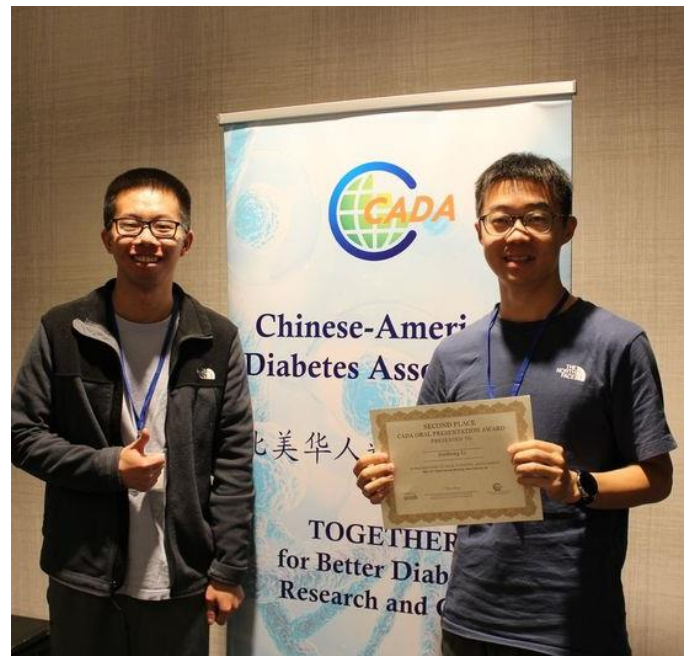
Second place

Yikai Zhang (Zhejiang University)
Weitong Su (Shanghai Institute of Nutrition and health)
Jiasheng Li (Baylor College of Medicine)
Qi Xu (University of Illinois Chicago)
Jiajun Zhu (Cornell University)
Yuan Zhang (University of Minnesota)



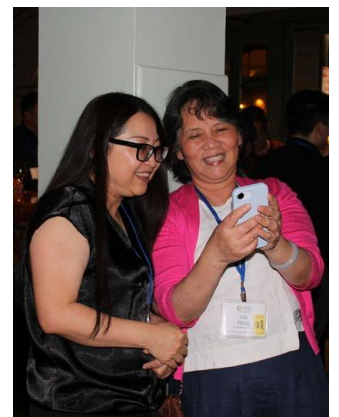
Third place

Mohammad Sarif Mohiuddin (New York University)
Guannan Li (UT Health San Antonio)
Yang Zhang (Harvard University)
Xiaoqiong Wei (University of Virginia)
Fangfang Zeng (UT Health San Antonio)
Shuangdi Duan (NIH)
Hannah Ceballos (City of Hope)
Cunjin Su (UT Health Houston)
Huilun Wang (University of Virginia)
Qixiu Hou (UT Health San Antonio)
Geming Lu (City of Hope)
Jiyuan Yin (UT Health San Antonio)
Yunhan Cao (UT Health Houston)
Ruizhen Li (UT Health San Antonio)
Xuenan Jin (University of Minnesota)
Ji Sun (Southeast University)
Ying Chen (Baylor College of Medicine)
Dishu Zhou (SINH)





MOMENTS



Dear CADA Members,

It has been a great honor to serve as President of the Chinese American Diabetes Association (CADA) during the 2025–2026 term. As we conclude another successful year, I would like to express my sincere gratitude to all of our members, who have contributed to CADA's continued growth and success.

This year has been productive and exciting, as we continued to strengthen CADA's mission of promoting scientific excellence, fostering collaboration, and supporting career development. The new MetabTALK series created a dynamic forum for scientific presentation and discussion. The CADA Nexus at C2-MERIT, held in conjunction with the CSMB–Cell Press joint conference, further expanded CADA's visibility and strengthened connections across the broader metabolism and biomedical research communities. The CADA session at the 2025 CALS Summer Symposium provided another excellent opportunity to promote collaboration. The major highlight was the 17th CADA Annual Meeting, held in June 2026 in New Orleans, Louisiana. The meeting featured cutting-edge science, enthusiastic trainee participation, and vibrant engagement from our members.

These accomplishments would not have been possible without the tremendous dedication of the organizers, speakers, moderators, volunteers, sponsors, and everyone who contributed their time, expertise, and enthusiasm to make this year's programs successful. I am deeply grateful to the 2025-2026 CADA Board Members: President-Elect Hai-Bin Ruan, Secretaries Zhiping Pang, Treasurer Yanlin He, and Board Members Yu Aaron An, Jingjing Zhang, and Yan Li, for their leadership and teamwork, as well as to the CADA Advisory Committee: Drs. Meilian Liu, Li Qiang, Xiaoyong Yang, Mengwei Zang, Feng Liu, Eugene Chen, and Gen-Sheng Feng, for their continued guidance. I also want to thank our past presidents and senior members for their continued guidance and support, which have built a strong foundation for CADA's continued growth.

Looking ahead, CADA will continue to advance its mission by promoting scientific excellence, fostering collaboration, and supporting trainees and early-career investigators, under the leadership of incoming President Dr. Hai-Bin Ruan. With the passion and commitment of our members, CADA will continue to grow and drive innovative research in diabetes and metabolism.

TOGETHER for Better Diabetes Research and Care.

Warm regards,



Qiong Annabel Wang, PhD
CADA President 2025-2026



Message from
Dr. Qiong Annabel Wang
Immediate Past President

Special Thanks to Our Sponsors



SAVE THE DATE

18th CADA Annual Meeting June 15-18, 2027

Washington, D.C., USA



Website: www.gocada.org

Twitter: [@CADA_diabetes](https://twitter.com/CADA_diabetes)